



## Earn a Free Day Pass

to Raging Waves Waterpark this summer by getting some exercise  
Join the “Plunge Into Fitness” program today. It’s simple...and fun!

\*Exercise 30 minutes per day for a total of 25 hours. You can do any kind of exercise: walking, biking, playing team sports, swimming, skateboarding, jumping rope.... (GYM CLASS COUNTS)

Follow three easy steps for kids in Kindergarten through 8<sup>th</sup> grade to get your free pass:

**Step 1:** Start keeping track of your exercise on the attached fitness log, starting February 13<sup>th</sup>. Color in one spot on the fitness log for every 30 minutes you exercise.

**Step 2:** After you have completed 25 hours of exercise, turn in your completed fitness log to your teacher by April 10<sup>th</sup>. Don't forget to have mom or dad sign it & make sure you teacher's name is on it!

**Step 3:** You will get your free Raging Day Pass from your teacher before the end of May.

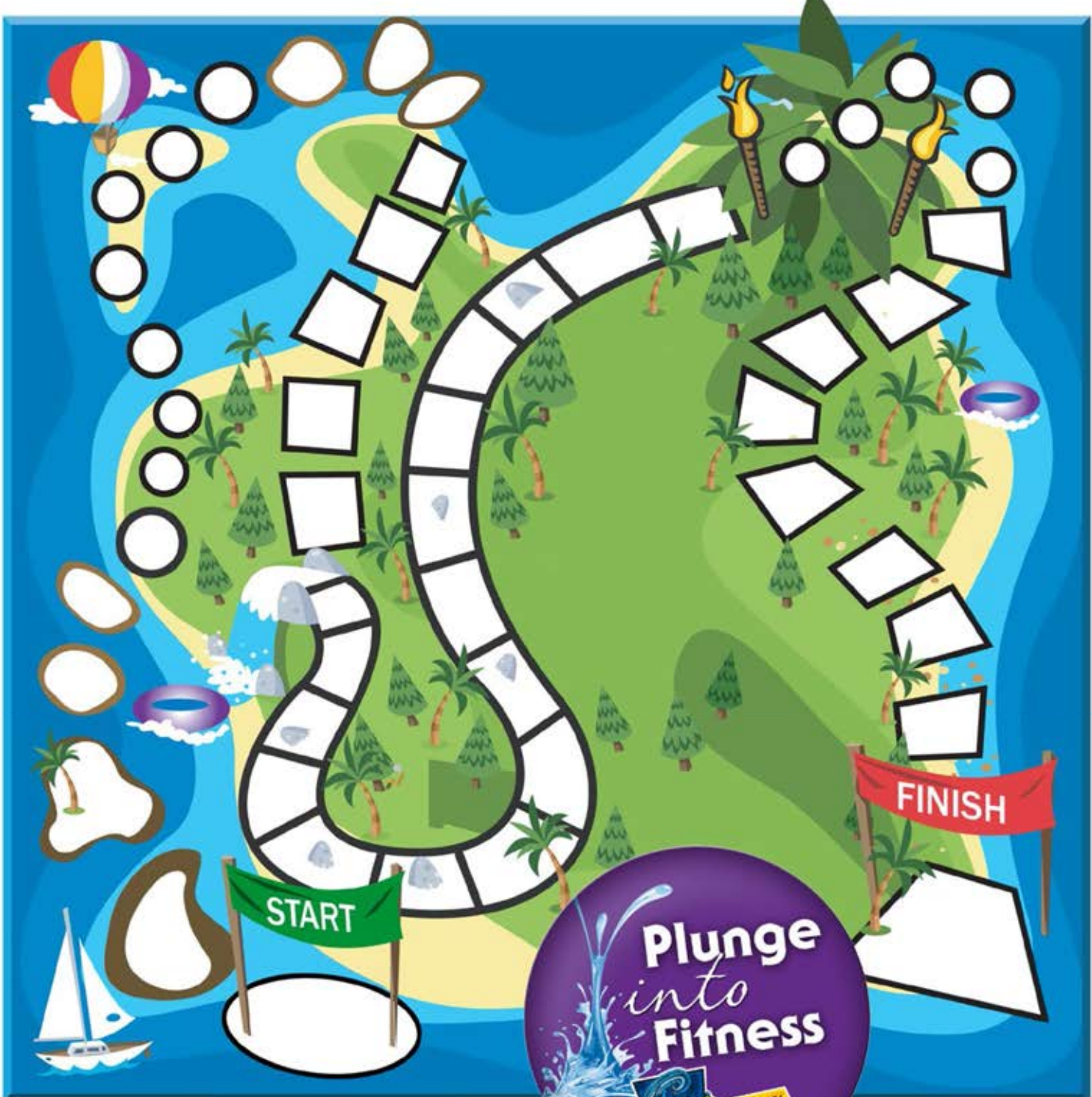
\*\*As a special bonus, students, their families & staff are now able to purchase online tickets and save \$5 on full day admission for those over 48 inches tall. This offers is available online only. Go to <https://tickets.ragingwaves.com/mainstore.asp> and enter store name **Maercker**.

\*\*\*This is a Maercker Dist. 60 PTA sponsored program. Please contact Korie Sondgeroth at [ksongd@comcast.net](mailto:ksongd@comcast.net) or Leslie McGuire at [m McGuire409@comcast.net](mailto:m McGuire409@comcast.net) if you have any questions.



Located South of I-88 on IL Rt. 47 in Yorkville

[www.ragingwaves.com](http://www.ragingwaves.com)



# FITNESS LOG

Color in each section along the path to Raging Waves for each 30 minutes of exercise that you complete.

Please return your completed log to your teacher by Monday, April 10, 2017.

What types of exercise did you do?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Student's First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Teacher's Name \_\_\_\_\_